



Anorectal Manometry Study is used to show the muscle function abnormalities of the rectum and the anal sphincter. The test can show abnormalities of the anal sphincter that cannot be shown with other examinations. This information will assist your physician in planning treatment for your particular health problem. This study usually takes about 20 minutes of actual procedure time.

Your procedure will take place in an examination room. No sedation is used for this exam. A small, flexible tube (about ¼ inch in diameter) is gently placed into the rectum about 3-4 inches. You will be lying on a patient bed during the study. You will have to remove your clothing from the waist down. Linen will be used to keep you covered as much as possible.

During the exam, the tube is moved slightly to record pressures within the rectum and the anal sphincter. The tube is attached to a computer that shows a graph of these pressures.

After the examination, you may drive yourself home, eat and go about your normal activities.

Anorectal manometry studies are very low risk procedures. Complications can occur, but are rare: it is possible that a perforation (tearing) or bleeding of the intestinal wall could occur. Equipment failure is extremely unlikely, but does remain a remote possibility.

Preliminary findings will be discussed with you immediately after the study. Your physician may ask you to return for an appointment, after a more detailed review of your study can be made. A report will be sent to your referring physician.

A nurse from Digestive Health Specialists will contact you a few days prior to your appointment to confirm your exam time and to answer any questions you may have. A Registered Nurse, who is a certified gastrointestinal clinician, will be doing the test for you.

Please feel free to contact us for any concern you may have, both before and after your appointment. You can contact the nurse clinician at Digestive Health Specialists by calling 253-272-5127.